




A Comparison of the **Caregiver** Experience: Hospital at Home vs Bricks & Mortar*

	 Hospital at Home Caregiver Experience	 Bricks & Mortar Hospitalization Caregiver Experience
 Time Investment	<ul style="list-style-type: none"> • May take time off of work to be with loved one at home if you wish • No travel required; team comes to you 	<ul style="list-style-type: none"> • May take time off of work to be with loved one in the hospital if you wish • Spend time traveling to/from or in the hospital
 Cost	<ul style="list-style-type: none"> • No additional cost anticipated 	<ul style="list-style-type: none"> • Travel expenses: tolls + parking, public transit, or taxi • Incidentals (e.g. meals on the go)
 Convenience	<ul style="list-style-type: none"> • Advance notice of visits allows you to plan your day and be present for important conversations • Home medications can easily be reviewed by in-home providers • Medical equipment or technology may take up space in the home 	<ul style="list-style-type: none"> • Visits curtailed by hospital policies, including limited visiting hours • Cell phone usage may be curtailed by hospital policies • Remember to pack, carry, and keep track of any personal items brought from home for you or your loved one • Carry lists or bags of medicines to the hospital to have clinicians review them
 Comfort	<ul style="list-style-type: none"> • Sleep in your own bed while also being close to your loved one overnight • Must be okay with the care team operating in the home and visiting regularly • Enhanced privacy; no other staff, patients, or families nearby who may overhear clinical discussions 	<ul style="list-style-type: none"> • Limited seating available in patient rooms; or, sit in a common waiting room • Sleep in chair or recliner if permitted to stay the night • Privacy may be difficult to maintain in crowded units or shared rooms
 Food	<ul style="list-style-type: none"> • Eat your choice of food. If you wish, provide home-cooked meals for your loved one 	<ul style="list-style-type: none"> • Bring food from home or buy food from cafeteria or nearby restaurants
 Involvement	<ul style="list-style-type: none"> • Observe and participate in care visits as desired, in between other obligations • Opportunity to be present with your family member throughout the day and night • Perform direct care tasks as you choose 	<ul style="list-style-type: none"> • Generally not involved in direct care tasks • Rounding by care team may not align with your visit, difficult to know when the doctor or other providers will be present, and they may not be able to return • May not be permitted to stay overnight

* This chart assumes the caregiver lives with the patient